

# Online Safety and Password Study Guide

## \*Vocabulary:

**Anonymous-** of unknown name

**Appropriate-** suitable or fitting for a particular purpose, person, and occasion

**Identify-** to recognize as a particular person or thing, to verify the identity of something/someone

**Harass-** to bother or pressure someone aggressively

**Inappropriate-** improper, not proper, not okay

**Non-identifying-** information that is common to many

**Online profile-** Internet posting of one's characteristics or qualities

**Password-** A password is a combination of letters, numbers, and/or symbols that is used to log you in on a computer, e-mail, social networking sites, etc.

**Personal information-** information that describes a person's identity such as name, date of birth, address, etc

**Pitfall-** A hidden or unsuspected problem or danger

**Predator-** one who stalks or uses lies or secrecy to get close enough to another person in order to easily hurt or harm him/her

**Risky-** potentially harmful to one's emotional or physical well-being

**Screen name-** online nickname or identity

**User ID-** same as screen name

## User/Screen Names

\*Never use any identifying information in your user name. This includes:

1. Your real first and last name
2. Any part of your address
3. Your location
4. Your telephone number
5. Your e-mail address
6. Inappropriate words
7. Don't combine personal information
8. Gender

### Good Examples

Cubbiesfan7

PetsRkewl

Invisibleplayer5

### Bad Examples

LowellSara\_11

psmith@att.net

thompsonTJ

\*\*Chose a safe screen name, do not reveal information on the Internet, and carefully choose who you communicate with

\*\*Always remember, talk to an adult if you ever feel uncomfortable online or are approached by someone who discusses inappropriate things or wants to meet you offline.

# PASSWORDS

A password is a combination of letters, numbers, and/or symbols that is used to log you in to a computer, email, social networking sites, etc.

## **DO'S**

- a) Should be at least 8 characters or more in length
- b) Include numbers, uppercase letters, lowercase letters, and symbols
- c) A person should use 4-6 different passwords for different uses
- d) Passwords should be changed every 6 months
- e) Only share your password with your parents
- f) Keep passwords in a safe place at home NOT at school or on your computer

## **DON'T'S**

- a) DON'T use passwords that are easy for people you know (your pet's name, your nickname, school information)
- b) DON'T use any private identity information. Examples include but are not limited to:
  - a. First/last name
  - b. Address/where you live
  - c. Phone numbers
  - d. Mother's maiden name
  - e. Social Security number
  - f. E-mail
  - g. gender
- c) DON'T use a word in the dictionary

## **2 EASY WAYS TO REMEMBER PASSWORDS**

1. Select a poem, scripture, favorite lyrics, and create a password using the first letter of each word, add numbers and symbols--  
Example: Little House on the Prairie LHotP\*104#
2. Something easy for you to remember and change every other letter's case, symbol, or number-  
Example: school is cool S~hO\$I~9C\*oI

# Online Safety

1. Never post your exact date and place of birth.
2. Never post your address, phone numbers, or email address.
3. Control who can see your personal information and pictures. Use the privacy features. Restrict your page to your real friends, not friends of friends.
4. Limit information about your activities-post **after** the fact.
5. If you write down your passwords, keep them in a safe place at home, NOT at school.
6. Someone met only online should always be considered a stranger.
7. Screen names and usernames represent you in Cyberspace. Pick a name that allows you to remain anonymous.
8. Most online profiles ask for more information than is needed. Pay attention to the \* symbol. The \* symbol could mean either that information is required or that information is not required. If information is not required, do not fill it in.

## **\*FBI Internet Safety Tips**

1. Remember to never give out personal information: name, address, school name, or telephone number in a chat room or on bulletin boards.
2. Never send a picture of yourself to someone you chat with on the computer without your parents' permission
3. Never write to someone who has made you feel uncomfortable or scared
4. Do NOT meet someone or have the person visit you without the permission of your parents.
5. Tell your parents right away if you read anything on the Internet that makes you feel uncomfortable.
6. People online may not be who they say they are. Someone who says that "she" is a "twelve-year-old girl" could really be an older man.

## **\*Signs of a Predator**

1. Pretends to have the same interests, likes, and dislikes as the victim to create an online friendship
2. Builds trust by listening to what the victim wants to talk about
3. Tells the victim that it is better that he/she does not tell anyone about their friendship
4. May threaten to tell the victim's parents or may threaten to hurt his/her family if the victim tells about their friendship. DO NOT ever keep an online friendship secret.
5. Goal is to meet face to face alone in real world

**\*\*Any of these steps are inappropriate online behavior- be sure to talk to your parents if this occurs**